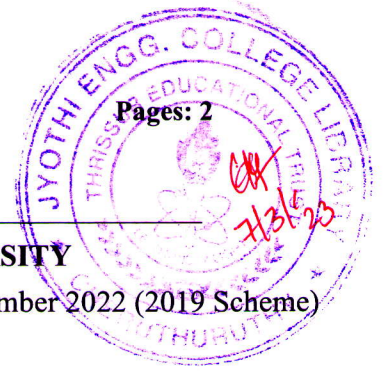


Reg No.: _____

Name: _____

APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY

First Semester B.Tech Degree Regular and Supplementary Examination December 2022 (2019 Scheme)

**Course Code: HUN 101****Course Name: LIFE SKILLS**

Max. Marks: 50

Duration: 2 Hours

PART A

*Answer all questions, each carry 5 marks
(Each answer should not exceed 400 words)*

Marks

- | | | |
|---|---|-----|
| 1 | What role do life skills play in helping people achieve better results in both their personal and professional lives? What are the Main Components of Life Skills? | (5) |
| 2 | “Manage Stress by Knowing What You Value” - Inspect the given statement by defining stress and mention the relationship between Self-awareness, coping of emotion, values and ethics. | (5) |
| 3 | Illustrate the relation between creativity level and problem solving skill. | (5) |
| 4 | Explain what team dynamics is and how it affects the team's performance. | (5) |
| 5 | Discuss leadership styles that are effective for successful management of multicultural groups and teams. | (5) |

PART B

Read carefully the following case and answer the questions given below

- | | | |
|---|---|------|
| 6 | Rita and her family moved to the city from a remote community in the middle off the school year. Within a week, Rita was registered at the local high school and began attending classes. She travelled to and from school by school bus. | (25) |
|---|---|------|

After two weeks at the new school, Rita was just beginning to settle into her classes. However, she was somewhat nervous about her history course. After her first class, the teacher made it clear that Rita had a lot of “catching up” to do, if she were to pass the course.

The following week, some students gave a presentation on Columbus' voyage in 1492 to the “New World.” There was lively discussion, and readings and prints were circulated depicting Columbus' arrival in various territories. There were

several references made to “Indians and savages” that the colonists “had to defeat” to settle the New World.

As a member of the Cree Band, Rita was dismayed by the way the teacher did not question the portrayal of Aboriginal persons in the presentation. She approached her teacher before class the next day to discuss the issue. As the class began, the teacher announced that Rita had concerns with the Columbus presentation. She then turned to Rita and asked her to give her version of the “Columbus discovery” from an Aboriginal point of view.

Caught off guard, Rita haltingly made several points, and then sat down quickly when several of the students began to snicker. Later that day on the bus ride home, some of the other students jeered at her, saying if she didn't like history the way it was taught, then she should drop out. She turned away and ignored them. The next day, the jeering continued in the hallway. When she went to her locker at lunch, someone had scrawled the words “gone hunting” on her locker door. Again, she ignored the curious students around her.

Rita told her parents about the incidents. They called the principal, who said she would give “hell” to the offenders. She also suggested that Rita should make more of an effort to fit in and get along with others

- a) Who are the characters in this story? Describe each one's characteristics. 5
- b) Determine the issues Rita is dealing with. Do you agree with how she handled the situation? Offer a suggestion about how to manage it. 5
- c) Describe the attitude of Rita's classmates. 5
- d) How should the teacher have handled Rita's concern over the Columbus presentation? Evaluate the approach in terms of professionalism. 5
- e) Consider yourself in Rita's role, suggest some life skills to overcome such situations in life. 5
